



3rd Pan-hellenic Congress of Urogynecology

March 19-21, 2010

The Athens Concert Hall, Athens Greece

Congress Venue: The Athens Concert Hall
Vas. Sofias & Kokkali
115 21 Athens, Greece
Tel: +30 210 7282333
www.megaron.gr

Dates: March 20 - March 21, 2010

Registration fees: Specialized Doctors: 130 euros
Residents: 80 euros
Nurses/students: free

Accommodation: For the convenience of the participants, hotel reservations have been made to hotel "Golden Age" www.goldenage.gr , located close to the congress venue.

In case participants wish to proceed with hotel booking, they are kindly advised to contact directly the congress secretariat.

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March 19-21, 2010

The Athens Concert Hall, Athens Greece

Saturday, March 20th

08.00-09.00 Free Communications

09.30 -10.50 **1st Session**

Pelvic Floor Anatomy

Epidemiology and Pathophysiology of Urinary Incontinence.

Chairmen: **K. Papadias, Th. Tantanasis, E. Tsantoulas**

09.30-9.45:

New conceptions in the pelvic floor anatomy.

K. Pantazis

09.45-10.00:

Functional Anatomy of the Pelvic Floor

S. Athanasiou

10.00-10.15:

An attempt at an Explanaton of Stress Urinary Incontinence through the rodent animal model

Th. Mikos

10.15-10.30: Discussion

Chairmen: **M. Melekos, V. Lymberis**

10.30-10.50:

State of the art lecture: Epidemiology of Pelvic Organ Prolapse, of Urinary Incontinence and of Fecal Incontinence

A. Liapis

10.50-11.20: Coffee Break

11.20-12.50 **2nd Session**

Investigation and Imaging of Pelvic Floor

Chairmen: **D. Botsis, G. Galazios, G. Koutsogeras**

11.20-11.40:

Urodynamic study of the female Lower Urinary Tract, resting and Stress Urethral Pressure Profiles and Leak Point Pressure.

S. Charalampous

11.40-11.55:

Anorectal Dysfunction Evaluation

A. Mantidis

11.55-12.10:

MRI studies in the evaluation of Pelvic Floor Disorders

A. Koureas

12.10-12.30: Discussion

Chairmen: **A. Antsaklis, Th. Stefos**

12.30-12.50:

State of the art lecture: How to select patients for mesh surgery using 3D/4D Ultrasound Imaging.

H. P. Dietz (Australia)

12.50-14.45: Lunch Break

14.45-16.00: **3rd Session**

Pelvic Organ Prolapse, Classical Surgery, Meshes, Urogenital Aging

Chairmen: **G. Kreatsas, I. Messinis, I. Tzafettas**

14.45-15.10:

State of the art lecture: The role of classical surgery in Pelvic Organ Prolapse

H. Koelbl (Germany)

15.10-15.35:

State of the art lecture. New concepts in urogenital aging. An old problem recently encountered.

S. Elneil (UK)

15.35-16.00:

State of the art lecture: Transvaginal mesh repair of Pelvic Organ Prolapse. How and when?

M. Halaska (Czech Rep)

16.00-17.15 **4th Session**

Painful syndromes of Urogenical Tract

Chairmen: **Th. Agorastos, N. Sofikitis, D. Roussos**

16.00-16.15:

Lower Urinary Tract Infections in pregnant and non pregnant women

A. Athanassopoulos

16.15-16.30:

Urethral Syndrome, Vulvodynia and vestibulitis

Th. Grigoriadis

16.30-16.50:

Painful bladder syndrome/ interstitial cystitis. New concepts in diagnostic approach and management

I. Anastasiou

17.15-17.45: Coffee break

17.45-19.10 **5th Session**

Overactive bladder, diagnostic approach and current therapeutic management

Chairmen: **N. Sophikitis, D. Russo, A. Makrygiannakis**

17.45-18.00:

New ways of approach of the patients with overactive bladder

Ch. Katsifotis

18.00-18.15:

Clinical and urodynamic characteristics of overactive bladder and potential by urinary biomarkers for assessment

D. Doumouchtsis

18.15-18.30:

Pharmacologic approach of overactive bladder. New progresses (fesorerodine – trospio), clinical data.

E. Mitsogiannis

18.30- 18.45:

New therapeutic approaches for the treatment of detrusor overactivity- with emphasis on the roles of the urothelium, interstitial cells and afferent nerves.

A. Apostolidis

18.45-19.10: Discussion

Sunday, March 21

08.00-09.30: Free communications

09.30-11.10 **6th Session**

Fistulas of Lower Urogenital Tract

Chairmen: **D. Loutradis, P. Stamatopoulos**

09.30-9.50:

State of the art lecture: Vesico-vaginal fistula. Diagnosis and Treatment.

P. Hilton (U.K.)

09.50-10.10:

Uretero- Vaginal fistulas, prevention, diagnosis and management

Ch. Theodorou

10.10- 10.30:

Urethral- vaginal fistulas and diverticulum of urethra, diagnosis and treatment.

Th. Manousakas

10.30-10.50:

Rectovaginal fistulas and intraoperative injuries of the rectum.

S. Elneil (U.K.)

10.50-11.10: Discussion

11.10-11.30: Coffee Break

11.30-13.20 **7th Session**

**Conservative and surgical treatment of Urinary Incontinence
and Quality of Life.**

Chairmen: **E. Salamalekis, E. Koumantakis**

11.30-11.50:

State of the art lecture: Safety and effectiveness of free vaginal tapes. Present and future.

I. Tzaffetas

Chairmen: **E. Paraskevaïdis, Ch. Mpalafoutas, L. Giannikos**

11.50-12.20:

Conservative strategies for the treatment of Urinary Incontinence and Dysfunction

K. Petropoulou, A. Galata

12.20-12.40:

The role of laparoscopic surgery in pelvic organ prolapse and Urinary Incontinence.

G. Pantos

12.40-12.55:

Injectable agents in urodynamic Stress Urinary Incontinence.

O. Papanikolaou

12.55-13.15:

Sexual function, Quality of Life and psychological impact in women with pelvic organ prolapse
or/and Urinary Incontinence

D. Chatzichristou

13.15-13.25: Discussion

13.25-13.30: Concluding Remarks